



MEASURING TIPS FOR STENCIL® GARMENTS

IMPORTANT: half-chest measurements throughout this catalogue reflect finished garment dimensions, not 'to fit' sizing. Please take this into consideration when ordering.

CHEST

Measure your chest from right under your armpits. Make sure that the highest point of your chest and your shoulder blades are included in the measurement.

SLEEVES & BACK LENGTH

With your arm hanging slightly bent & relaxed, measure from the point of your shoulder down to your wrist. For the length of the garment, measure from neck seam to hem.

NECK

Measure the base of your neck, or take a measurement from a collared shirt that fits well. Pressing the collar flat, take your measurement from the centre of the button to the end of the button hole.

GARMENT STYLES & SIZING

Different garments are designed to offer different fits. Some have a loose profile, while others are trimmed in around the waist and have structured shoulders.

Garment sizing varies between brands and styles.

The best way to ensure a good fit is to go by your physical measurements - not your current shirt size. To get the perfect size, lay your favourite shirt flat on a table and measure the chest. By selecting a size that is close to your favorite shirt's measurements, you will ensure a good fit. All measurements are within a tolerance of 1 - 1.5 cm.

WASHING

Remember that Cotton garments can shrink as much as five percent! This is especially important for sleeve lengths and neck fittings. For the best results, always follow the care instructions sewn inside your garment.